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The postcard shown above is from a very broad collection of cards that belongs to a good friend. It shows an old view of the Customs House and Circular Quay which have some current relevance.



Most people are now celebrating the late arrival of Autumn when Brisbane is at its very best, and it is lovely to be alive.

President's Message: From Marliyn Wagland



Our new classrooms in Adelaide St are progressing well although there is still a significant amount of work to be done. We will show you the results when we are able. We expect there will be exciting developments between now and the end of May.

Please do not try to access the new rooms. They are

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currently a very busy work site with several different tradesmen working there at the same time, and for workplace health and safety reasons, no one is permitted to enter without an appointment with the site manager. Even members of the Management Committee are not allowed access at this time unless they have a specific reason to be there.

There is considerable interest in the Sandgate area for U3A classes to be held locally. If you are interested in tutoring, please contact the Northside Convenor, Rod McLary, to discuss the possibilities.

rod.mclary@hotmail.com

A new facility has been added to our membership system. Online payment of new memberships and renewals can now be made using your **Paypal** account if you have one, as well as the regular credit card facility already in use. This will prove useful for those of you who already have a **Paypal** account or who wish to establish one.

Upholsterer ?

Do we have a retired upholsterer amongst our ranks who could do a job for us at our new campus? If so, please contact president@u3abrisbane.org.au

Your New Management Committee



The recent AGM on 6 April was held in the Queen St rooms and was well attended. The President's address was well presented and covered many areas.

The above picture shows most of the members.

Seated: Marilyn Wagland

L to R: Rob Hill, Greg Doolan, Mary Calder, Greg Williamson, Monica Picton, Yvonne McGann, and Greg Taylor. Absent: Simon Wood, Peter O'Loughlin

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BRISBANE CITY CAMPUS

from Gail Hawkins

tutors@u3abrisbane.org.au

We will celebrate the start of Term 3 with a major milestone for U3A as we move into our new heritage-listed Adelaide Street rooms. We will have additional classrooms so will be able to offer members an even greater choice of interesting subjects.

To succeed with this exciting challenge, we need to attract people who are prepared to become tutors or facilitators. You don't need to have an academic background, just an interest in a subject or form of entertainment. For instance, card games allow people to socialise and enjoy themselves. So, if you enjoy Canasta for example, then think about starting a class. We have an Intermediate 500 card game class, but we don't have a beginner's class. We don't have any trivial quiz type classes, or perhaps you're an expert at solving Sudoku puzzles or have travel or cruise experience that would be of interest to our members. The topics are almost endless. We have very popular art classes, so a "Learn how to make Picture Frames" class could attract our art students on how to showcase their art masterpieces. For the more serious, conversation classes in any language are very popular, as are classes on subjects like Indigenous, Early Australian, Military or Islamic histories, Philosophy, Current Affairs, Science or Literature. As you can see, the range of topics is enormous.

If you have ever thought of tutoring but not sure what is involved, I am delighted to advise that we will holding an Information Presentation that will answer any questions and offer professional support through an interactive session designed to increase enjoyment and confidence in class and the opportunity to interact with fellow prospective tutors. [\(<<< Back to Index\)](#)

A Session For New and Interested Tutors

If you have recently commenced as a U3A tutor or are thinking about joining the team and have some questions, this session may be for you. In particular, if you want to help your students get the most of the classes and enjoy the experience too, you are invited to this session. The focus will be on responding to your
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questions about developing your classes (e.g., understanding your audience, pitching it at the right level, choosing the most interesting content, and effective teaching and learning strategies for your area of expertise).

The facilitator of these sessions is an academic who has a 4-decade long interest in what inspires adults to learn happily and effectively. She has designed, developed and delivered courses for universities and professionals wanting to improve their workplace teaching.

The first session will be held at Queen Street office at 10.45am on Friday 20th May. If you are interested in attending please RSVP at tutors@u3abrisbane.org.au by Friday 13th May. If you are unable to attend but have an interest or would like to talk to me about the possibilities or have any queries, then please don't hesitate in contacting me.

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Logan District News:

from Jean Townsend

Promotions and advertising are proving successful in attracting new members and new tutors.

The new guitar class is going very well, but the two writing classes attracted very few enrolments. Students are encouraged to attend the Beenleigh class.

Computing in Browns Plains has been cancelled.

The local committee is finalising details for Term 3, and we expect to start Quilting and Tai Chi classes then.

Mah Jong is so popular that we plan a third group, probably at Marsden Library.

The book sale at Logan West Library netted \$215 towards our funds. Thanks to all who supported it.

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Winter School update:

From Anne Douglass

We are particularly excited about this Winter School because the program is already full with 52 sessions confirmed. Winter School will be the opening event in our new flash premises on Adelaide Street. Greg Doolan will be profiling speakers on Facebook so keep an eye on that and of course we will keep you informed via Enews. The program will be posted online on 5th June. Popular sessions fill quickly so put that date in your diary. Although we have more rooms, we are still limited to around 45 people for our largest room. Here are a couple samples of what you can expect this year:



Professor Alastair Blanshard
“The Gods Must Be Crazy” and
“Getting to Grips with
Greek Myth”

The Paul Eliadis Professor of
Classics and Ancient History UQ

if you are looking for a light-hearted diversion at next Winter School, Professor Alastair Blanshard is a really entertaining speaker. On the face of it, the myths of ancient Greece seem riddled with contradictions. The gods are simultaneously immensely kind and immensely cruel. They delight in the actions of mortals and also punish them for becoming too familiar. Heroes perform great deeds of bravery and yet are also prone to tremendous vices. This lecture attempts to reconcile some of these contradictions. Through analysis of some of the most popular mythic storylines, it explains the range of the functions that Greek myths performed and introduces a radically different theology and world-view from the more familiar Judeo-Christian one.

Professor Alastair Blanshard is the inaugural Paul Eliadis Chair of Classics and Ancient History. He earned his Master of Arts at UQ and a PhD from The University of Cambridge and he is an internationally recognised leader in the field of classical tradition. He is also a series editor for the ‘Classics after Antiquity’ monograph series published by Cambridge University Press.



Dr Michael Doran QUT

STEM CELL RESEARCH AND
CARTILAGE REGENERATION -

Stem cell research and cartilage growth is a topic which holds out hope for a number of us who have bits and pieces not functioning as well as they used to. This session will provide basic insights into stem cells, regenerative medicine and current cancer methods. Understanding and improving clinical outcomes associated with umbilical cord blood stem cell transplantation, cartilage repair, and the treatment of metastatic prostate cancer all involve the understanding of bone biology. Scientists at QUT aim to contribute to all three clinical outcomes through coupling understanding of bone biology with bioengineering principles.

Mike is Senior Lecturer Faculty of health in the School of Biomedical Engineering at QUT and he will cover current state of the art, current limitations, and likely future solutions, to Umbilical Cord Blood Transplantation, Metastatic prostate cancer and Cartilage Repair. Finally he will discuss some of the common underlying biological connections between these three clinical challenges.

The science behind this is quite mind blowing and the research they are conducting is extraordinary so this should be an interesting talk. [\(Return to Index\)](#)

U3A State Conference

from Greg Doolan

U3A NETWORK QUEENSLAND STATE CONFERENCE 2016 — “RENEW & RECONNECT”

June 2/3 at the University of the Sunshine Coast, Sippy Downs, Sunshine Coast.

Gather for 2 days on the beautiful Sunshine Coast to “Renew & Reconnect” with old friends and make new ones, listen to some great speakers while discovering what’s happening in other U3As across Queensland.

Proudly hosted by U3A sunshine Coast

Register now: www.u3aqlidconference.org/

Diversifying Inside Super

from Darren Titmus

U3A Tutor & Principal of Financial Planning Qld

What is diversification?

Diversification is a risk strategy that lets you ride the ups and downs of investing. It reduces your exposure to risk, so your investments won’t be as affected by fluctuations in markets.

How do you diversify?

Investment diversification can be achieved by choosing a mix of:

asset classes (cash, fixed interest, bonds, property and shares)

industries (e.g. finance, mining, health care), and markets (e.g. Australia, Asia, US).

You can also invest at different times to reduce your level of risk through investment strategies, such as dollar cost averaging.

Diversification when it comes to super

Super funds employ investment managers to decide on

the best investment approach for members of the super fund. They actively diversify investments within and across different asset classes.

The investment manager then buys and sells assets on behalf of super fund members with the aim of delivering the best possible investment returns.

Most funds will allow you to choose from a range of superannuation investment options with varying levels of risk and return (such as conservative, balanced or high growth, for example).

Consolidate to diversify

You may think having your super spread across multiple super funds means you’re diversifying. However it also means you’re paying multiple fees and your super savings are harder to keep track of.

You might want to consider consolidating your super so you can:

- **save money** —one super fund means one set of fees, potentially saving you hundreds of dollars each year and thousands over a lifetime
- **save time** —having one fund is easier to keep track of with less paperwork and administration
- **find money you didn't know about** —you can conduct a lost super search as part of your consolidation
- **simplify control of your investments** —with one fund it's easier to manage an investment strategy to meet your needs.

Before you consolidate, it's a good idea to check if you'll pay any exit or withdrawal fees from your existing super fund and if you hold any insurance in your existing fund and want to keep it, whether you can transfer this over.

Working out what's right for you

Everyone’s situation is different. So you need to think about your personal situation, your investment goals and the level of risk you’re prepared to take, to ensure your investment option within your super is right for you.

Not sure what the right investment option is? Consider getting some professional advice. An adviser can help you work out whether you need to change your investment option based on your life stage or risk tolerance for example.

Keeping track of your super

While your super fund investment managers are

managing your super investments for you, it's still a good idea to keep track of how your investments are performing. Read statements that are sent to you and/or log into your super account where you access your super statements, view up-to-date unit prices in your investment portfolio summary, change the way your super is invested and much more.

If you'd like further information, you are welcome to call Darren on 0466 934 574 or

www.financialplanningqld.com.au

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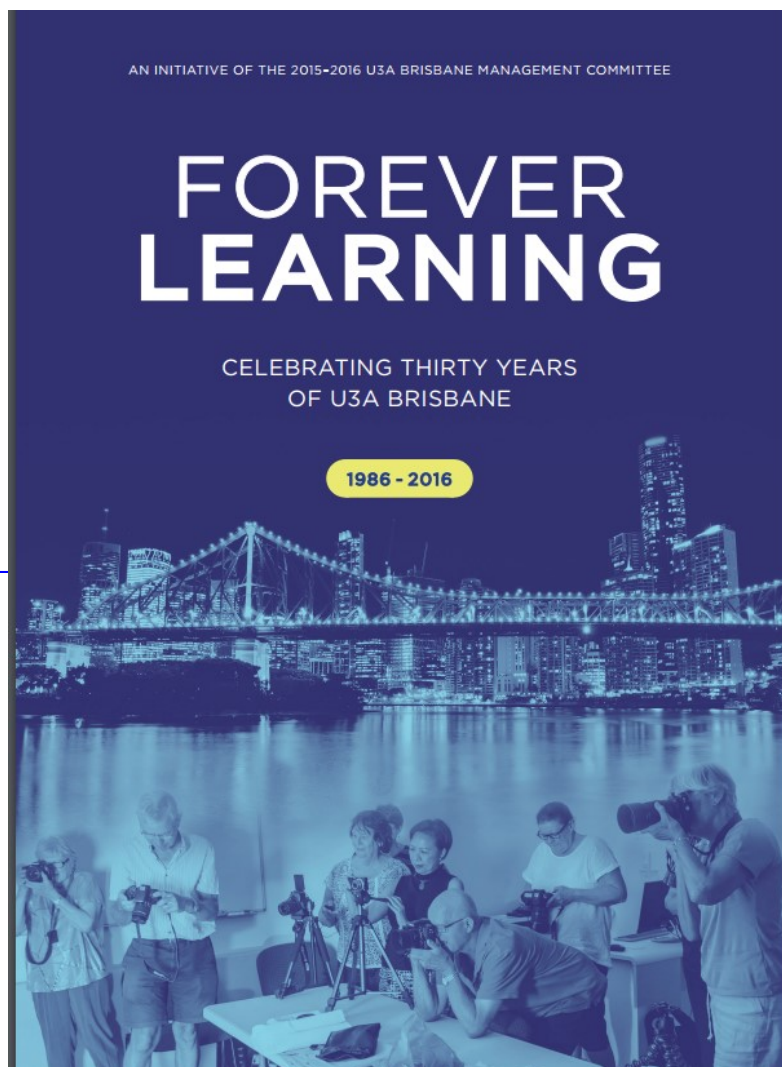
Forever Learning:

from Ian Lipke

PLEASE, PEOPLE!!! *Forever Learning* has a **beeyootifull cover** as you can see for yourselves...

but is suffering from a **drought** of member participation. I need anecdotes, interesting things that happened to you or yours on the way to U3A, verse, a short, short story even. What about cartoons? There must be lots of them. Send to ian.lipke@gmail.com

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IT Group

from Helen Carberry

The session I had organised for May has been deferred until later in the year. Rather than cancel the session, I would like to facilitate an *Android Tablet and Phone Workshop* in its place, on **Saturday 14th May** from **10am**.

Please note the following:

This will be a workshop and not be a formal presentation. We will share our experiences and try to solve problems. This means we might break up into smaller groups of people with similar concerns.

Note also the change of venue. The session will be held at U3A head office, 97 CREEK STREET, not the Queen Street rooms.

As usual, the session will run from **10-12 noon** approx, morning tea will be provided, cost \$5. The registration process is the same as usual as follows:

1. Go to the IT Group page on the U3A Brisbane website. (or navigate from the top menu via *Groups > IT Group*)
2. Click on the *Next Meeting* button near the bottom of the IT Group page.
3. On the Meeting Details page, click on Enrol for this Meeting. Enter your member number and surname when requested. Your enrolment will be confirmed and you will receive an email confirmation.

If you have enrolled but can no longer attend this session please go through the above process again but click Withdraw Enrolment.

You can also enrol by logging in to the website as previously. In this case you will not be asked for your Member Number. Let me know if you have any problems with this.

Regards,

Helen Carberry
U3A IT Group Coordinator
itgroup@u3abrisbane.org.au
www.u3abrisbane.org.au

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Social Committee:

from Helen Dubois



We have obtained 50 tickets to **Singing In the Rain** for Tuesday 18th October 2016 . We have to sell all 50 of them or pay for what we have not sold. It will be a good production and great deal of fun. It stars Adam Garcia who will light up the stage playing the part made famous by Gene Kelly. This spectacular show is packed full of the charm, glamour, romance and comedy.

The tickets will be on sale after Tuesday May 3rd:

Cost: \$85.00

Time: 6:30pm

(There is no Matinee and this is the earliest show.)

Closing Date: 24th June 2016

Show Date: 18th October 2016

For all bookings please ring the office on 3236 3055 to book and pay.

Looking forward to seeing you there.

Details for the activities will be provided in the next Class Schedule. Tickets sell very quickly so get in early and remember that U3A has 3700 members and there are only 42 seats on the bus. Enjoy the month of May.

Helen Dubois

Editor

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