



eNews

MARCH 2025

Connecting Seniors to Lifelong Learning

From the President



Deslyn Taylor

Hello all

We are halfway through Term 1 and I hope you are enjoying your classes.

The year seems to be flying by but they say *time flies when you're having fun*.

AGM

We are starting to prepare for our Annual General Meeting, which will be on Wednesday 16 April at 10 am on Zoom.

We will have more information in the April eNews but please note the date.

As you know U3A Brisbane is a volunteer organisation and relies totally on our members to share

their talents, experience and knowledge to fill all roles in the organisation.

There are no paid positions and no government funding.

In accordance with our Constitution, all Management Committee positions are declared vacant at the AGM and a new committee is formed, with a President, Vice-President, Treasurer, and Secretary.

In addition, there can be another 6 members on the committee, making 10 in total.

The Management Committee play a vital role in ensuring that U3A Brisbane can continue to operate.

Our Constitution

According to our Constitution:-

'Subject to this Constitution and a resolution of the members of the Association in General Meeting, the Management Committee has the **general control, management and administration of the affairs, property, and funds of the Association.**'

Fee increase proposal

In 2019 the Management Committee approved a proposal

Consider joining the Management Committee

Please consider applying for one of these positions or nominating someone for membership—with their agreement.

We rely on this Committee to ensure that we remain a viable organisation.

Meetings are monthly and usually on Zoom. Further details on how to apply are below.

to raise U3A Brisbane membership fees to \$50. With the arrival of Covid, this plan was not fully implemented. Given the price increases in recent years, we now ask that you will support our proposal to finally implement increasing our membership fee to the \$50 proposed earlier. The new fee for Affiliates will be \$20.

The increase amounts to \$5 per year. You will see this proposal in the AGM Agenda below.

Hope to see many of you at our AGM. Enjoy the remainder of Term 1 and your Easter vacation.

Regards,

—Des



Learn at your Leisure
No Assessment
Just Enjoy

REMEMBER TO

RENEW YOUR MEMBERSHIP

SO YOU CAN ENROL IN CLASSES IN 2025



NOTICE OF 39th ANNUAL GENERAL MEETING

UNIVERSITY OF THE THIRD AGE BRISBANE INCORPORATED

The Annual General Meeting of The University of the Third Age Brisbane Inc. will be held online at 10.00 am on Wednesday 16 April 2024 as a Zoom meeting.

Attendees must register for the meeting using the link on the U3A Brisbane website home page.

You will be sent instructions later by email about how to join the meeting.

[Register for this Event](#)

NOMINATIONS FOR THE MANAGEMENT COMMITTEE OF U3A BRISBANE INC. FOR 2025

The AGM of U3A Brisbane will be held at 10.00 am on Wednesday 16 April 2025 by Zoom.

These positions on the Management Committee automatically become vacant at the AGM:

- President
- Vice-President
- Secretary
- Treasurer
- Up to six (6) Committee Members.

Please forward nominations (two nominations, as both a nominator and a seconder are required for each position), by email to me at secretary@u3abrisbane.org.au

by 5.00 pm Wednesday 2 April 2025.

The person you nominate must consent to the nomination.

I will contact finalised nominees for a brief biography after 2 April 2025.

Please contact me on the above email if you have any questions about this process.

Rod McLary, Secretary U3A Brisbane

AGM AGENDA

1. Apologies
2. President's opening remarks
3. Confirmation of minutes of 2024 AGM of U3A Brisbane Inc.

4. Business arising from the minutes of the 2024 AGM (if any)
5. President's report
6. Treasurer's report and presentation of audited financial statements of income and expenditure, assets and liabilities for the calendar year 2024
7. Auditor's report – presentation of the audited statement to the meeting for adoption
8. Appointment of Auditor
9. MOTION: That this meeting approve the Management Committee's resolution of 28 February 2025 to increase the annual subscription for membership from \$45.00 to \$50.00 and the Affiliate membership from \$15.00 to \$20.00, commencing from the 2026 membership year.
10. Election of Office Bearers and Committee Members for 2025/26 – President, Vice-President, Secretary, Treasurer and up to six (6) Committee Members
11. Questions from the floor
12. Close.

—Rod McLary (Secretary)

Upcoming Website downtime Sat 8 March from Greg Taylor

U3A Brisbane website will be undergoing a major maintenance upgrade from midnight Friday 7 March and extending into Saturday morning 8 March.

Some functionality will be unavailable on Saturday 8 March.

There will be a message on the home page to this effect while

the upgrade is in progress.

It is expected that full functionality will be available by Saturday afternoon.

If you have difficulties at that time please contact: help@u3abrisbane.org.au

It may be necessary to clear your browser history if you have any access issues.

Tutors are advised to send any urgent class emails before midnight Friday 7 March.



From the Secretary, Rod McLary



We have a new presenter for the speaker program.

His name is **Dr David Williams** (pictured, below).

He has chosen to present face-to-face, so room 18 at Adelaide Street has been booked for him.

We have all heard the recent news story of young travellers poisoned by methanol-laced wine in Cambodia.

David will tell you more about this on 20 March, but you must register.

—Rod McLary

Methanol poisoning: Not just a Laotian problem!

20 March 11:30 a.m. with Dr David Williams

232 Adelaide St. Bookings required for this special event

About David Williams, PhD (UQ)

I was a Senior Chemist with the Queensland Department of Primary Industries for 42 years.

My research focused on the instrumental analysis of phytochemicals/nutrients with reference to those present in tropical fruit and vegetables and their wastes, as well as seafood and Australian native plants.

I was also heavily involved in the monitoring of food and beverage contaminants and investigating possible adulterants for the Queensland Food & Beverage Industry.

About my topic

Prompted by recent tragic events in Laos, and as I have expertise in the analysis of alcoholic

beverages for adulterants, I decided it would be opportune to give a talk on the topic to the wider U3A audience.

My ultimate aim is to place the recent events into a global context.

The talk begins with the isolation, uses, exposure and metabolism of methanol in the human body. This is followed by a recent history of methanol poisoning, before moving on to describing a little-known event during America's Prohibition years.

The main crux of the talk then centres on events in Laos and Fiji, setting out the medical treatment received and the Laotian investigation (or lack of!) in a step-by-step fashion as they transpired.



I also comment on the *60 Minutes* expose (which Channel 9 aired on 2 February 2025).

I finish up with a scenario that goes some way in answering what may have happened on those fateful days in November 2024.

[Register for this Event](#)

Fix three broken things

Heard of Raptitude?

'I'm David, and Raptitude is a blog about **getting better at being human** – things we can do to improve our lives today.'

A recent post is titled *Fix Three Broken Things*. Here's a taste:



'Seneca pointed out that people tend to be reflexively stingy with their money, but almost comically wasteful with their time.'

'This principle is most obvious when you use that time to fix a broken thing.'

'The broken things in our lives are constantly charging interest.'

'They feel bad to use, or even to witness, and they never run out of bad feeling to impart.'

'Trying to use a pen that barely writes or a vacuum cleaner with poor suction is awful, even if it's a small-scale awfulness.'

Find out more at raptitude.com

From Mark Brannigan, Social Coordinator



Don't miss your chance to experience this unforgettable musical!

JESUS CHRIST SUPERSTAR

Wednesday 9 July 2025, 1pm

LOCATION: Lyric Theatre, QPAC

COST: \$62

BOOKINGS: Open



The iconic global phenomenon, JESUS CHRIST SUPERSTAR, arrives at QPAC from June.

This mesmerising new production has received unprecedented acclaim and accolades during its US and UK tours, including an Olivier Award for Best Musical Revival. Featuring lyrics and music by Emmy-, Grammy-, Oscar- and Tony-winners Tim Rice and Andrew Lloyd Webber.

JC SUPERSTAR dramatises the final weeks of Jesus Christ's life from the perspective of Judas.

The legendary score features hits like *I Don't Know How to Love Him*, *Gethsemane*, and *Superstar*.

Call the admin office and pay by card or drop into the admin office and pay.

The event's details are now here: [Social Group](#)



Around the traps with Linda

Hello Thespian Lovers,

I trust that you are getting into the swing of things within the realms of theatre.

Theatre profile for March

Act One Theatre, Strathpine

This is a family-owned theatre company in Strathpine, Queensland. It has been operating for 60 years, starting in Aspley in 1965 then moving to Strathpine in approximately 1985.

The company produces 4-5 shows each year, including comedy, drama, farce, and thriller.

Act 1 Theatre also hosts the annual Act 1 Theatre Fest, and offers a theatre restaurant and licensed bar at reasonable prices.

The theatre has ample car parking for all shows, and Strathpine Railway Station is a mere 100 metres away.

April, from all accounts, does not have plays, probably due to Easter.

However, **Act One** has an evening performance of *Prepare to Meet Thy Tomb* on 4 and 5 April (See March table below for contact and pricing etc.

Please note that details of all plays below are correct at the time of printing.

But please ... do check with the website or contact the theatre group before booking.

STOP PRESS #1

4MBS have a **Gilbert & Sullivan Spectacular ...**

- Sunday 8 June at 3pm
- Brisbane City Hall's Main Auditorium.
- More info: See the flyers around the U3A noticeboards
- Tickets \$25-85
- Book now! Go to 4MBS.com.au or phone 3847 1717 (9-5 weekdays)

STOP PRESS #2

SAVOYARDS season tickets are available from now until 31 March!

Just click on this URL:

<https://www.savoyards.com.au/seasontickets>

THEATRE	PLAY	START	MARCH	TICKETS
Act One Theatre, Strathpine 0458 579 269 Act1theatre.com.au	<i>Prepare to Meet Thy Tomb</i>	2pm 7:30pm	23, 29 21, 22, 23, 28, 29, 30	Adult \$25 Conc. \$20
Beenleigh Theatre Group 3807 3922 beenleightheatregroup.com	<i>The Lovely Bones</i>		28 March to 12 April Dates TBC	Prices TBC
Centenary Theatre, Chelmer 0435 591 720 Centenarytheatre.com.au	<i>Veronica's Room</i> (thriller)	2pm 7:30pm	2, 9 1, 7, 8	Adult \$27 Conc. \$24 Group \$20
Growl Theatre, Windsor 0439 954 719 Selling Fast Growltheatre.org.au	<i>It's My Party (and I'll Die if I Want to)</i>	2pm 7:30pm	15 1, 7, 8, 14, 15	Adult \$20 Conc. \$17 6+ \$15
Ipswich Little Theatre 3812 2389 ilt.org.au	<i>Popcorn</i>	2pm 7:30pm	2, 9 1, 7, 8, 14, 15	Adult \$25 Conc. \$21
Mercury Theatre, Wynnum mercurytheatrewynnum.com	<i>Relatively Speaking</i>	2pm 7:30pm	9, 16, 23 7, 8, 14, 15, 21, 22	Flat price \$25pp. Ta- bles: 7x7, 2x10
Nash Theatre, New Farm 0418 719 300 Nashtheatre.com	<i>Gunsmoke</i> (radio play)	2:30pm 7:30pm	15 1, 7, 8, 14, 15, 21, 22	Adult \$25 Conc. \$20
St Luke's Theatre, Yeronga 0493 778 379 Stlukettheatre.asn.au	<i>The Haunted Through Lounge and Recessed Dining Nook at Farn-dale Castle</i>	2pm 7:30pm	15, 22, 29 14, 15, 21, 22, 28, 29	Adult \$28 Conc. \$22 Group \$20
Sunnybank Theatre 3345 3964 Sunnybanktheatre.com.au	<i>The Birthday Party</i>	2pm 7:30pm	1, 8, 9, 15 1, 8, 14, 15	Adult \$28 Conc. \$26
The Mousetrap Theatre 0439 954 719 mousetraptheatre.asn.au	(Moving to a new building)	(More info when to hand)		
Villanova Players, Seven Hills 0423 920 832 Villanovaplayers.com	<i>The Great Gatsby</i>	2pm 7:30pm	8, 9, 15, 16 7, 8, 14, 15	Adult \$30 Conc. \$25 Group \$27

Published by: U3A Brisbane, 97 Creek Street, Brisbane 4000
Phone: (07) 3236 3055 | u3abrisbane.org.au | mail@u3abrisbane.org.au