



eNews

April 2026

Connecting Seniors to Lifelong Learning



From the President Des Taylor

Hello all

Term 1 2026 finishes **Thursday, 2 April**. The time seems to have gone very quickly.

Enrolments for Term 2 opened on 22 March. I hope you managed to enrol in the classes of your choice.

Remember: our AGM is on Wednesday 15 April. [Enrol Here](#).

Moving to 288 Edward St

U3A Brisbane will be vacating our existing City Campus venues at Creek St and Adelaide St at the end of Term 2 this year. We are moving to larger premises at 3rd floor, 288 Edward St Brisbane and classes will be held there from the commencement of Term 3 on 13th July.

We have engaged a company to facilitate our relocation to 288 Edward Street. The actual move will take place on **Saturday July 4**.

A floor plan of our new premises is shown on p.2.

The company doing the refit will start working after May 5 when the previous tenant has vacated the premises. We expect that all renovations will be complete and equipment and furniture in place ready for the start of Term 3 but the timeline is quite tight so the space won't be available for Tutors and Volunteers to view their new rooms and spaces until approximately 9-10 July. At that time it should be ready for classes. We will organise a Grand Opening later.

We have a great deal to do before then but will try not to interrupt classes in Term 2, so will expect to work very hard in the first week of July after this term finishes.

University of Queensland (UQ)

We are also organising more **Afternoon teas with emeritus professors**. The first one may be in the holidays, but is not finalised.

You will receive an email with details and an opportunity to book when it goes ahead. **WATCH FOR AN EMAIL UPDATE.**

Travel with UQ

UQ have made their UQ Alumni Travel Program available to U3A Members. The first trip is to Italy in September. [Join us in Italy!](#)

Only a few tickets remain for the UQ Alumni Travel Program Wonders of Italy tour in September.

UQ Associate Professor Andrea Bubenik, who has published books about what you will see, will travel with you, sharing her expertise in art, culture and history, bringing iconic destinations to life.

[Find out more and see the itinerary](#)

UQ Alumni Travel opportunities will be advertised in eNews in the future, always supposing the oil crisis is resolved. And the planes keep flying.

Queensland University of Technology (QUT)

QUT are organising a series of free workshops.

Workshop 1: *Everyday Life, New Ideas*. Your daily life management using project management tools and techniques

When: Friday 24 April

Where: Room 13, 232 Adelaide Street

Time: 9:30 a.m. - 11:00 a.m.

Book on [U3A website](#).

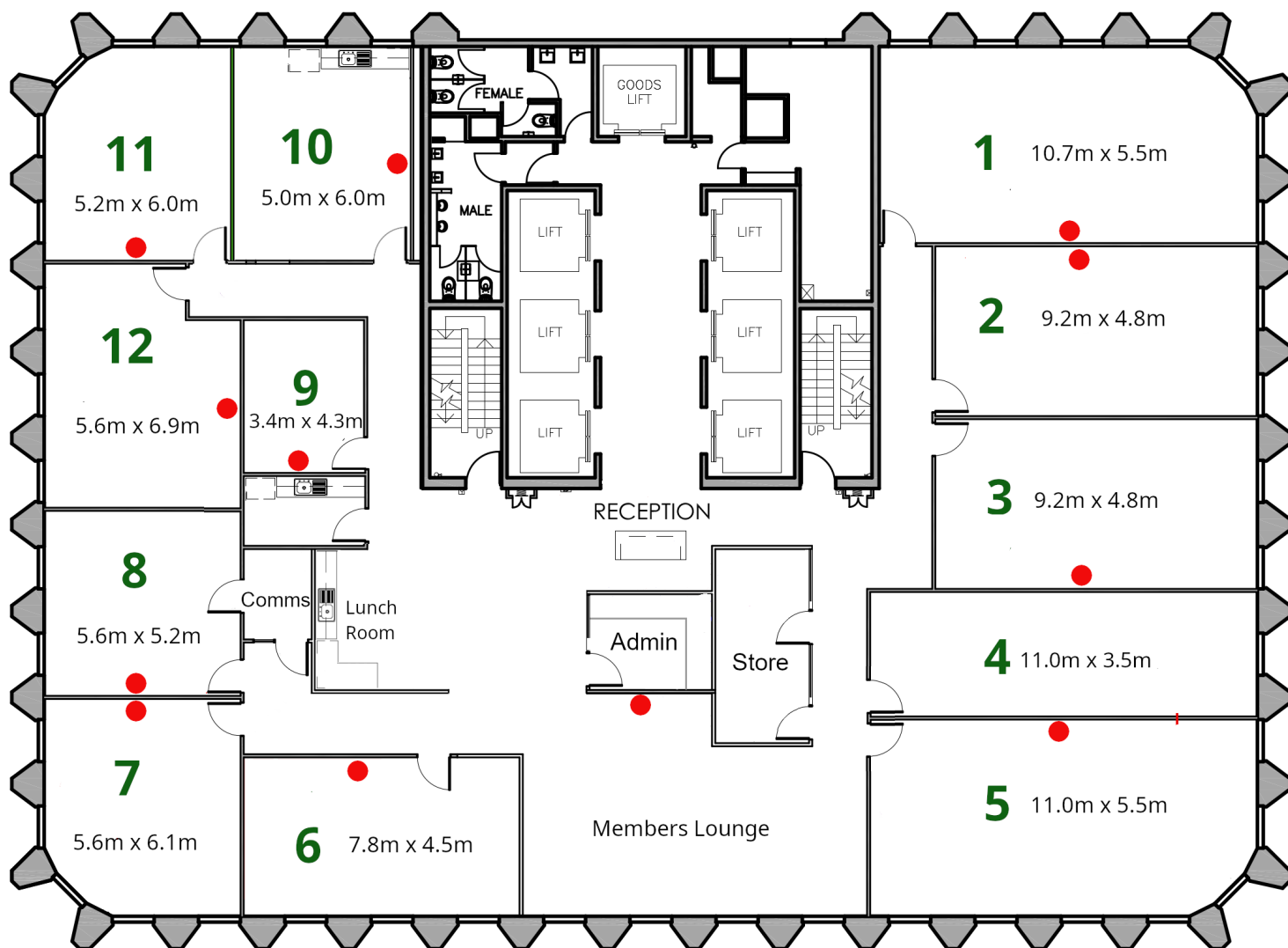
I hope you enjoy your classes in Term 2. Have a Happy Easter!

Regards,

— Des Taylor

New Premises

Floor Plan of our new premises at 3rd floor, 288 Edward St Brisbane. All City Campus classes will commence here in Term 3.



● Screen

← Edward St →

Room numbers will be allocated so that most classes will have at least as much space at present, and in many cases more space. For example, current room 18 classes will be held in room 5. The total floor area is 688 sq.m. excluding lifts area. (Adelaide St by comparison is 390sq.m.).

You will note that there are six lifts in addition to a goods lift, so access from the ground floor should be quick and easy. U3A occupies the entire floor and toilets will be for U3A use only.

NOTICE OF 40th ANNUAL GENERAL MEETING UNIVERSITY OF THE THIRD AGE BRISBANE INCORPORATED



The Annual General Meeting of the University of the Third Age Brisbane Inc. will be held online at **10.00 a.m. on Wednesday 15 April 2026** as a Zoom meeting. Attendees must register for the meeting using the link on the [U3A Brisbane website home page](#). You will be sent instructions later by email about how to join the meeting.

These positions on the Management Committee automatically become vacant at the AGM:

- President
- Vice-President
- Secretary
- Treasurer
- Up to six Committee Members.

If you would like to take an active role in the management of U3A, please consider nominating for a position.

And if you know someone who would be interested, nominate them – but make sure they consent to the nomination.

Nomination forms are available through a link in this eNews and will be subject to an authentication process. A nominator and a seconder are required for each position.

All nomination forms must be with the Secretary by **5.00 pm Wednesday 1 April 2026**.

Please contact me on the above email address if you have any questions about this process.

–Rod McLary, Secretary U3A Brisbane

AGM AGENDA

- Apologies
- President's opening remarks
- Confirmation of minutes of 2025 AGM of U3A Brisbane Inc.
- Business arising from the minutes of the 2025 AGM (if any)
- President's report
- Treasurer's report and presentation of audited financial statements of income and expenditure, assets and liabilities for the calendar year 2025
- Auditor's report – presentation of the audited statement to the meeting for adoption
- Appointment of Auditor
- Election of Office Bearers and Committee Members for 2026/27 – President, Vice President, Secretary, Treasurer and up to six (6) Committee Members
- Questions from the floor
- Close.



From the Districts Manager

Rod McLary

This term, 13 new classes bring the total classes across all of U3A Brisbane to 230 – a considerable number by any measure!

And 59 of those are in the districts.

As you finalise your class enrolments, I encourage you to look at those classes available in your local area.

A few interesting examples:

Card making: Banyo Library, Friday 10.30 a.m.

Introduction to lawn bowls: Northern Suburbs Bowls Club, Tuesday 9.30 a.m.

Croquet for beginners: Windsor Croquet Club, Wednesday 1.30 p.m.

Electric vehicles – coming, ready or not: Everton Park Library, Wednesday 1.30pm

Historical walking tours: Brisbane City Hall, various dates and times.

Full details are in the Class Schedule. For some classes, you may need to check with the Tutor before enrolling.

– Rod McLary



Tutor Liaison Report Gail Hawkins

Hello and
welcome, Tutors!

To our new Tutors
from Term 1, I
hope you've
enjoyed your
tutoring

experience and are looking forward to continuing
in Term 2 and after.

A big welcome to our new Term 2 Tutors, and
Tutors returning after a well-earned break.

A U3A without Tutors?

I'm sure I don't need to tell any of you what a
great organisation U3A is.

It not only offers learning experiences, but over
time, long-term friendships have formed between
Tutors and students.

Without Tutors, we'd have no classes, and I hope
we all appreciate the time and effort that Tutors
put into the preparation of each class.

Several Tutors have been teaching at U3A Brisbane
for well over a decade.

Sadly, for us, some are now having to think of
retirement for personal or health reasons.

They will certainly be missed, but it emphasises
the importance of recruiting new Tutors to ensure
we continue to provide you with a full selection of
interesting classes to choose from.

Go on – jump in!

If you – or someone you know – has a passion for
a particular subject, I'd really like to talk to you/
them about tutoring.

There would be members who'd be very interested
in what you have to say.

I'm happy to discuss the viability of any subject
with you, so please contact me at
tutors@u3abrisbane.org.au.

Just think: if you become a new Tutor in Term 3,
you'd be starting your tutoring experience in our
brand-new offices in Edward Street.

New classes still available

TUESDAY

B20, Live better live longer (zoom) – A healthy
ageing and vitality class for seniors who want to
feel stronger, more energetic and more confident
in daily life.

WEDNESDAY

J17, Arabic for beginners – A brand-new class
requiring no prior knowledge of Arabic.

Focus is on learning the shapes and sounds of
letters in the Arabic alphabet, and on how to read,
write and pronounce simple words and phrases in
Modern Standard Arabic.

B03, Mental health and transformation – Explore
the deeper questions of life, personal growth and
psychological transformation in a thoughtful and
supportive environment.

Y08, Philosophy, mind and nature – Philosophy
attempts to understand the nature of the world
and our experience of it.

It explores puzzles arising when we grapple with
foundational questions that emerge from the quest
for understanding.

THURSDAY

A01, English paper piecing – A method of
patchwork where fabric is wrapped around thin
cardboard then hand sewn together.

The cardboard is removed once the shape has
been sewn to another shape on all sides.

This class is for those who like to sew by hand.

J06, German for beginners – Never learned
German before? Or maybe learned a little German
a long time ago?

This class will provide the structure necessary to
learn some key vocabulary and grammar.

FRIDAY

English for speakers of other languages – If you
already have basic skills in speaking and writing
English, now you can develop confidence and skills
in English by practising conversation, reading short
articles about current topics and discussing them.

**On the next page is a selection of classes
now returning after a short break:**

MONDAY

F22, Chess – We are not grand masters; we just enjoy chess and invite anyone interested in either learning or playing chess to join us.

Tuition will be given to those requesting it, from complete beginners upwards.

TUESDAY

S09, Getting to know insects, nature's 6-legged wonders – a basic course for the insect-curious about "the little things that run the earth".

Examine how insects are classified and identified, the startling diversity of insects and the complexity of their life histories.

U06, Spiritual psychology – Class offers a simple yet radical paradigm: it blends spirituality and psychology to cultivate self-awareness, compassion and healing.

Spiritual psychology is wisdom training for our times: rigorous, inspiring and profoundly life-changing.

M16 – Singing for fun is all about meeting other people who love to sing and have a good time.

Whether you sing loudly and proudly, prefer to gently hum along or simply enjoy being surrounded by music, you'll feel right at home.

THURSDAY

S20, Plastics: our friend or enemy – The way plastics are used and discarded has always been of concern.

To understand the issues, it is valuable to know the composition and properties of the different plastics that are used for good, as well as those that end up as pollution.

Check out the full Term 2 class schedule

Please look at the online Term 2 class schedule to see what other classes are available.

If you see a class that interests you, please enrol.

We need to support our Tutors.

– Gail Hawkins

U3A needs YOU as a volunteer!

"Me?"

"Yes, you."

There's a place for every member to volunteer in this great organisation.

It's very comfortable just drifting along, doing a course here and there,

and then sitting down with your G&T ...

Think about it. If not YOU, then WHO should keep the U3A show on the road?

If you volunteer to help, even in a small way, it eases the load on all the U3A stalwarts currently doing the heavy lifting.

Tennis legend Arthur Ashe said, *Start where you are. Use what you have. Do what you can.*

Be a volunteer? But what's in it for ME?

For a start, it benefits your health.

MENTAL HEALTH: Volunteering is linked to reduced symptoms of depression, anxiety and stress by providing a sense of purpose and achievement.

INCREASED HAPPINESS AND LIFE

SATISFACTION: The act of helping others releases endorphins, creating a "helper's high" and boosting overall life satisfaction.

BETTER PHYSICAL HEALTH: Volunteers often have lower mortality rates, lower risk of high blood pressure and greater physical mobility due to the active nature of many roles. (NSW Government)

Profile: Dormei Leung

I joined U3A in 1999, starting with the Tuesday walking group.

It was a new experience for me then, seeing the world outside my work life, seeing how others lived and how friendships connected. I could not wait for my calendar to turn to Tuesday, the group walking day.

For retirees from all walks of life, this wonderful organisation brings us friendship and happiness through learning and activities. And everyone is equal.

Here are a few words to describe how I feel about ...

Our U3A

*This message comes with friendship and good cheer,
Like the summer breezes, warm and clear
As the winter light, gentle but bright.
Mix and mingle our voices blended in one
Sing "The Rhythm of Life" from the day begun.*



Left and below: Happy walkers in the U3A-X30 Affordable Adventure group; pix taken during the recent Landsborough excursion.

Once a month, they enjoy friendship and freedom for just 50c a journey, without the burden of driving.





AROUND THE TRAPS WITH LINDA

Hello U3A Thespian Lovers

As noted last month, with Easter and the Anzac weekends, there seems to

be just one little-theatre play being presented in April.

Have a lovely break, and we shall return to the traps in May!

– Linda

THEATRE	PLAY	START	TICKETS
Act One Theatre, Strathpine 0458 579 269 Act1theatre.com.au	Season of One-Act Plays	10-19 APRIL	Adult \$25 Conc. \$20

GO YOUR OWN WAY –

a theatrical version of Fleetwood Mac’s material, NOT the original Fleetwood Mac

7 p.m. Thursday 11 June

Concert Hall, QPAC

Duration TBC (subject to change without notice)

Tickets: \$99, no concession

Direct from London’s West End, *Go Your Own Way* is a spellbinding theatrical celebration of **Fleetwood Mac**.

Following sold out performances at the Adelphi Theatre and across the UK, this critically acclaimed production features an ensemble of world-class musicians recreating the live energy and passion of **Fleetwood Mac**, taking the audience on a journey through their incredible songbook.

Paying homage to the *Rumours* era – the band’s most commercially successful and artistically volatile period – the show brings the drama and the music to life with stunning authenticity.

Experience all the classic hits including *Dreams*, *Don’t Stop*, *Everywhere*, *Songbird* and *The Chain* in a night of pure nostalgia.



The West End smash hit arrives in Australia soon



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